

Review Article

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Agrostological Interventions and Their Utilization Prospects for Soil and Water Conservation in Hill Agriculture - A Review

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ABSTRACT

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The paper summarizes research results of the use of different types of grasses; their use as important and effective vegetative hedge that when grown on the contour significantly reduces the flow of sediment from eroding sites and reduces runoff, both simultaneously, and at a low cost, compared to more traditional engineered practices. Various grasses have unique characteristics and capability to reduce run off, bind soil at slope over a wide range of site conditions. These grasses require minimum maintenance and mostly are resistant to pests and diseases. These are also used as earth embankments, drainage lines, roads etc. The various soil and water conservation practices are improved through the use of various Agrostological measures especially in hill agriculture.

Introduction

For healthy existence of life on earth natural resources like soil and water are the most essential and its management is very essential. Soil provides base for all the activities for growing food, fuel, fodder and shelter but there is continuous depletion of soil and its quality is deteriorating day by day. Due to various factors like shifting cultivation, high rainfall, large scale deforestation, overgrazing *etc* soil is being eroded. Soil erosion leads to degradation of soils' physical property and loss of plant nutrients. Nature takes about 600-1000 years to build 2.5 cm of top fertile

soil but it is lost even in a year because of poor management practices. Conservation of soil and water is essential for sustainable production, environment preservation and balanced ecosystem (Samra *et al.*, 2000). Soil degradation has raised an important issue in this modern era. It is the net result of dynamic soil degradative and restorative processes regulated by natural and anthropogenic factors. The degree of soil degradation depends upon soil's susceptibility to degradative process, land use, the duration of degradative land use and the management (Saha *et al.*, 2012). Among the major

challenges facing the world today is land degradation, unsustainable farming practices, loss of biodiversity, increased risks of climate change and rising hunger, poverty and malnutrition (Oke and Jamala, 2017). The mild slopy land can be changed to terraces in time by adopting the contour bunds with grass retention on contour lines and growing of crops to change the soil erosion.

Stevia

Medicinal crop stevia gave maximum fresh leaf (9.13 t/ha), dry leaf (2.90 t/ha), biomass (35.0 t/ha) yields and stevioside content (7.06 %) with drip irrigation at 100 % PE and application of 100 % RD of fertilizers. The application of irrigation and fertilizer through drip has been found to increase nutrient contents both in soil and plants over the surface irrigation, suggesting a balanced fertilization is required for deriving optimum growth, yield and nutrition of the stevia plant (Behera *et al.*, 2013).

Vetiver

The Vetiver System (VS) is a new phyto-technology based on the use of vetiver grass (*Vetiveria zizaniodes* L.) for numerous environmental protection applications. VS has been developed from research, development and application programs around the world in the last 15 years. VS is now being used in over 40 countries with tropical and subtropical climates for various environmental protection purposes. This Technical Bulletin reports one of such applications (Truong and Hart, 2001).

Significant mean oil yields to the tune of 13.85 and 14.42 kg/ha was noticed when intercropping of pigeon pea and black gram was done in Vetiver grass. Intercropping in vetiver also gave higher monetary returns ad B: C ratio (Maheswari and Sharma, 2003).

Vetiver grass was first recognised in 1995 for having “super absorbent” characteristics suitable for the disposal of leachate and effluent generated from landfill and wastewater treatment plants in Queensland, Australia. Chinese scientists later confirmed these results in 1997 and since then the Vetiver System has been used successfully for these purposes in Australia, China and Thailand (Truong, 2000).

Different cultivars of Vetiver (*Vetiveria zizaniodes* L.) showed survival (93-98 %) and remained unaffected by saline irrigation. However, different sources of irrigation water like canal water, saline water and alternate canal and saline water significantly affected shoot biomass whereas root biomass was not affected significantly ((Tomar and Minhas, 2004).

Contour ridges with *Vetiver (khus)* recorded higher yield of finger millet to the tune of 17.2 q/ha (Patil *et al.*, 2002). Arora and Gupta (2001) reported that V-ditches of 8 m apart across the slope with continuous row of *Vetiver* has given highest yield of *Chenchrus ciliaris*.

Oku and Babalona (2009) studied effect of *Vetiver*, organamineral fertilizer and bare (control) on down slope primary particle size fractions and physical parameter in erosion prone areas of S-W Nigeria and implied that transportability of eroded sediments on organ mineral fertilizer and bare (control) plots were low down the slope. This is because sand particles are easy to detach but difficult to transport because of the particle size and mass. The predominant texture along the slope under *vetiver* intervention plot was medium. This implied some clay particles must have been contained in the soils trapped by vetiver hedgerows. Clay particles tend to stick together and are difficult to detach but are carried to great distance once separated

from the soil mass. The results are also supported by Troeh *et al.*, 1991. Further, *vetiver* grass intervention imposed favourable permeability on the soils along the slope. Water erosion induces excessive soil permeability on the soils without *vetiver* hedgerows. Good soil permeability is desirable for optimum fertilizer use by plants and water economy within the plant-resting zone. Excessive permeability leaches plant nutrients down beyond the plant rooting zone.

Vetiver System is a very efficient and low cost method for treating effluent and leachate from both domestic and industrial sources. In domestic situations worldwide, the potential of *vetiver* grass systems is enormous as a simple, hygienic and low cost means of treating human sewage. Site-specific designs are being refined for *vetiver* grass planting expanse and medium, for wastewater system flows through the *vetiver*, and for monitoring total system effectiveness (Truong and Hart, 2001).

Forage production using Sloping Agricultural Land Technology (SALT)

The technique of using tree legumes to improve the fertility and stability of agricultural soils can be immense use in hilly areas. A conservation farming scheme called Sloping Agricultural Land Technology (SALT), based on the use of tree and shrub legumes finds good use in hilly landscapes. SALT is a simple, applicable, low-cost method of upland farming. It is meant for small farmers with few tools, little capital and knowledge of modern agriculture. SALT is a form of alley farming in which field and perennial crops are grown in bands 4-5 m wide between contour rows of leguminous trees and/or shrubs. The latter are thickly planted in double rows to form hedgerows. Various benefits of SALT include soil protection and amelioration, landscape

stability, sustained production and increased economic returns. The species used as hedgerows include *Leucaena leucocephala*, *L. diversifolia*, *Calliandra calothyrsus*, *Gliricidia sepium* and *Desmodium rensonii*. Farmers are encouraged to use a suitable combination of these species (Gupta *et al.*, 2007).

Carbon storage in silvi-pastoral system

Grasslands may accrete organic matter in the soil but their contribution is often under emphasized, whereas, the silvi-pastoral system accumulates organic carbon in soil as well as in above ground woody components (Gupta *et al.*, 2007). The silvi-pastoral systems accrete more carbon than pure forest and pastures. Silvi-pastoral systems improve physico-chemical properties. Double soil organic content has been reported in the system than the open situation (Hazra, 1989).

Run off and soil losses

Adoption of silvipastoral systems in the hills ensures adequate soil cover thereby minimizing the hazards of runoff and soil losses. Runoff and soil losses are substantially reduced when small watershed with agriculture are replaced by trees or grasses or with mechanical measures (Singh *et al.*, 1990). Studies had shown that protected silvi-pasture cover is best in erosion control than agricultural crops (Chinnamani, 1992). Resorting to silvi-pastoral technique with soil and water conservation measures in Gharawa watershed not only increased forage production, but helped in reducing soil loss from 41.0 to 9.5 t/ha from barren hillock and 20.5 to 5.5 t/ha from waste lands (Hazra and Singh, 1994 and Hazra, 1993).

The association of commercial grass species, *viz.*, *Eulaliopsis binata* (Bhabbar), *Vetiver zizanioides* and *Saccharum munja*, with

Acacia nilotica significantly reduced runoff and soil erosion over its pure plantation throughout the growing period. Allowing natural grasses to grow under *Acacia nilotica* also caused the reductions, but these were less than for commercial grass-based systems. The association of the grasses under different silvipastoral systems affected growth of the trees to varying degrees, resulting in the reduction of biomass yields and ultimately economic returns. *Acacia nilotica* with *Vetiver zizanioides* proved the most compatible system and is recommended for sustainable biomass production, checking land degradation and higher economic returns from degraded land of the Lower Himalayas (Yadav *et al.*, 2014).

Vegetative barrier/water use

Chand and Bhan (2002) studied growth, root development, water use and WUE of different sorghum varieties grown in the alleys of various vegetative barriers *viz.* *Sesbania sesban*, *Leucaena leucocephala*, *Cajanus cajan*, *Vetiveria zizanioides*, *Cenchrus ciliaris* and unbarriered (control) and concluded that sorghum (var. *Varsha*) could be grown in 5.4 m wide alleys of *Sesbania sesban* or *Leucaena leucocephala* planted in paired rows at 0.5 m apart and pruning them at a height of 60 cm at the time of sowing of sorghum crop. And at 45 DAS, using the biomass as mulch between the crop rows for obtaining higher root development, water use efficiency, grain and stover yields over sorghum crop grown under unbarriered plots. By adoption of this technique, problems like moisture scarcity and poor fertility in slopy and light textured of dryland areas of Uttar Pradesh (UP) could be solved to some extent.

Panicum maximum (Guinea grass), *Vetiveria zizanioides* (*Khuskhus*) and *Eulaliop sisbinata* (Bhabar) have been found suitable for vegetation strips in the Shivalik hills (Lal *et*

al., 1996). These three species are used as barriers for effective erosion and sediment control because they form an erect, stiff and uniformly dense hedge so as to offer high resistance to overland water flow. These vegetation strips result in minimal loss of crop yield, the species do not proliferate as weeds, they do not compete for moisture, nutrients and light, they are not hosts for pest and diseases, and they often provide some additional economic benefits to farmers (Bhardwasj, 1994). For example, Palmarosa (*Cymbopogon martini*) is a grass species that yields oil of high economic value (0.04-0.05% oil), with potential for reducing slope erosion and capturing sediment (Ghosh *et al.*, 2015).

Soil and moisture conservation

Vetiver Grass Technology (VGT) as compared to stone barriers, lemon grass, and bare ground (control) under natural (total rainfall 689 mm) and artificial rainfall conditions proved to be the most effective technology for reducing soil and water losses. VGT reduced rainfall run off and soil loss by about 57 and 80 per cent, respectively (Rao *et al.*, 1991). Vetiver showed a distinct improvement in efficiency as the hedges become older and more dense (Rao *et al.*, 1992). At CIAT, Colombia, Vetiver was compared to other vegetative systems grown in conjunction with cassava. At 11 months (rainfall 1240 mm) vetiver hedges reduced soil loss from 142 t/ha (bare fallow) to 1.3 t/ha for cropped cassava between vetiver hedges. Also, rainfall run off was reduced from 11.6 to 3.6 per cent (Laing and Ruppenthal, 1991).

Conservation (Grasses)

Verma *et al.*, 2010 evaluated five different grass species to assess their suitability as biological reclaiming agent and vegetative

barriers for reclaiming as well as reducing soil erosion and enhancing *in situ* water conservation in a moderate sodic clay soil.

The results revealed that lowest soil loss and runoff were observed in the plots planted with Marvel grass (*Dichanthium annulatum*).

Table.1 Various parameters as observed through different measures

Treatments	Runoff (mm)	Soil loss (t/ha/year)	Ragi yield (q/ha)	Runoff control efficiency (%)	Soil loss control efficiency
Control (T₁)	206.20	8.63	8.26	-	-
Geranium grass (T₂)	121.58	3.54	7.90	46.50	62.94
Lemon grass (T₃)	91.80	2.69	10.40	56.48	70.34
Citronella grass (T₄)	102.65	3.75	9.43	49.96	58.96
Contour bund (T₅)	85.80	1.74	8.20	53.46	80.78
Graded bund (T₆)	73.89	4.44	8.96	65.26	50.72
Graded bund + Vetiver (T₇)	71.26	1.56	8.70	65.63	83.03

The order of performance for adoption of different grass species with regards to fodder and commercial value for sodic Vertisols was Marvel grass (*Dichanthium annulatum*), Para grass (*Brachiria mutia*), Napier (*Pennisetum perpurium*), Karnal (*Diplachne fusca*) and Vetiver (*Vetiveria zizinioides*). Planting of these grasses in sodic clay soils protect natural resources (sediment and nutrient losses) and are helpful in reclaiming these soils.

The grasses on their decay, add carbohydrates (simple sugars, starch, cellulose), protein and fats to the soils which promotes soil aggregation. This also results in reducing soil erosion and run-off losses. Grass roots, penetrating into the soils have been observed in two years old grasses like *Cenchrus ciliaris*, *C. serigerus*, *Lasiurus indicus* and *Panicum anidotale* on sandy soil in Kangra area of Himachal Pradesh. The roots of these grasses penetrated to 150, 125, 320 and 210 cm, respectively and produced lot of root

matter (Gupta and Arora, 2010). Besides providing fodder, the grasses protect soil conservation structures like terrace bunds and waterways. Encouraging results of Bhabbar grass (*Eulaliopsis binata*) for conserving degraded bouldry lands and stabilization of steep slopes and gullies near Dehradun.

Raising jointly, grass species like *Chrysopogon fulvus* (at 0.75 x 0.75 m) and species like *Dalbergia sisso* (at 9.14 x 9.14 m) in V and VI land capability classes, have shown not only a high yield of air dry grass (10.55 t/ha/year) but also about 64 t fuel wood was available after 19 years. There was also sufficient control of soil and run-off losses (Gupta and Arora, 2010). Narayana (1982) reported that the replacement of annual grasses such as *Aristida furiculata* and *Themeda triandra* by *Apluda mutica*, *Heteropogon contortus*, *Dichanthium annulatum* and *Cenchrus* spp. in ravine lands, has resulted in a natural reduction in run-off and soil loss along with improvement in the

quality and quantity of grass yields. In a bid to stop soil erosion in erosion eroded areas and community wastelands of Himachal Pradesh, the farmers have been encouraged to grow shrubs such as *Mimosa himalayana*, *Desmodium* spp., *Carissa spinarum* and *Adhatoda vasica* for the Siwalik Himalayas and various *Quercus* species, and coniferous for middle Himalayas (Sharma *et al.*, 1998). These shrubs serve the dual purpose of meeting the villager's firewood need and helping soil and water conservation by preventing run-off. Besides, efforts were made to grow grass species such as *Cenchrus* and *Stylosanthes* to supplement the fodder and strengthen the soil (Gupta and Arora, 2010).

Soil fertility

Dichrostachys cinerea based silvipastoral system significantly improved soil fertility at different row spacings in terms of OC, available nitrogen and phosphorus (Singh *et al.*, 2004).

Grassland

Rafique and Thakuria (2002) introduced Kazungula grass (*Setaria sphacelata*) in natural grassland and concluded that introduction of *Setaria* can be done at a spacing of 40 cm x 40 cm in natural grassland without killing the existing vegetation and the application of 120 kg N/ha or even more for higher production of quality herbage.

It was concluded by Xia *et al.*, (2000).

Vetiver can be established and survives in hydroponic conditions.

Vetiver has a high level of tolerance to polluted water.

Vetiver is very effective in removing pollutant from landfill leachates, particularly N and P.

Vetiver grows rapidly and has a huge biomass. To sustainably remove pollutants from leachates, vetiver shoots should be trimmed 2-3 times per year.

Soil conservation

Bioengineering measures improved the growth of cashew as compared to control plot. There was significant difference in growth parameters of cashew plants after 12 months of planting among the treatments. Growth performance of cashew was found better under continuous contour trenches with vegetative barriers among the bioengineering measures. The highest cashew nut yield of 7.72 and 14.21 q/ha was recorded in treatment comprising of continuous contour trenches with *Stylosanthes scabra* and *Vetiveria zizaniodes*. The lowest mean cashew nut yield of 3.91 q/ha was observed in control plot where there was no conservation measure. Continuous contour trenches with *Stylosanthes scabra* and *Vetiveria zizaniodes* could be able to increase the cashew yield three times more than conventional methods. Thus, continuous contour trenches with *Stylosanthes scabra* and *Vetiveria zizaniodes* as a bioengineering measure is recommended for cashew crop grown in lateritic soils of slopy land (Manivannan *et al.*, 2009).

Incorporation of jungle grass

Long-term effects of different locally available grasses and weeds on soil hydro-physical properties and rice yield through a 5-year field experimentation under hilly ecosystem of Meghalaya depicted that incorporation of jungle grass (*Ambrosia spp.*), in puddled rice improved soil organic carbon (SOC) by 21.1%, the stability of micro aggregates, moisture retention capacity and infiltration rate of the soil by 82.5, 10.0, and 31.3%, respectively, and soil bulk density decreased by 12.6 per cent. Locally available

jungle grasses are equally good as an organic amendment, which would also ease the problem of disposal of these grasses during peak monsoon. Therefore, these organic sources may serve as alternative to farm yard manure (FYM) and have a dramatic effect on long-term productivity of rice (Saha and Mishra, 2009).

Mane *et al.*, (2009) studied the comparative performance of different soil conservation measures on steep slopes of Konkan region of W. Maharashtra and concluded that different treatments showed a reduction in runoff and soil loss over control. The mechanical structures contour bund (T₅), graded bund (T₆) and graded bund + vetiver grass (T₇) across the land scope were effective in reducing surface runoff and increasing opportunity time, thus helping in conserving water in the micro-watershed areas. The highest average yield of ragi was obtained in treatment T₃ (10.40 q/ha) followed by T₄, T₆, T₇, T₄ and T₁. However, the average lowest ragi yield (7.90 q/ha) was observed in T₂ treatment. The maximum runoff control efficiency (%) and soil loss control efficiency (%) was achieved by graded bund + vetiver grass (T₇). Thus, graded bund plus vetiver grass conserved basic resource *i.e.* soil and water significantly along with minimum losses to the resources. It has also sustained productivity of ragi crop on sloping agricultural lands which is be of immense benefit for the region.

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